

Northview High School

CLAY COUNTY SECONDARY BRKFST JAN BREAKFAST 2025

Monday	Tuesday	Wednesday	Thursday	Friday
		Jan - 1 NO SCHOOL TODAY	Jan - 2 NO SCHOOL TODAY	Jan - 3 TEACHER IN-SERVICE DAY
Jan - 6 BREAKFAST BURRITO FRESH FRUIT JUICE Milk variety 1%	Jan - 7 CINNAMON ROLLS BACON FRESH FRUIT JUICE Milk variety 1%	Jan - 8 BREAKFAST SANDWICH FRESH FRUIT JUICE Milk variety 1%	Jan - 9 PANCAKES & SYRUP SAUSAGE LINKS FRESH FRUIT JUICE Milk variety 1%	Jan - 10 BREAKFAST PIZZA FRESH FRUIT JUICE Milk variety 1%
Jan - 13 DONUT, POWDERED MINI FRESH FRUIT JUICE Milk variety 1%	Jan - 14 BISCUITS AND GRAVY FRESH FRUIT JUICE Milk variety 1%	Jan - 15 DUTCH WAFFLE YOGURT, STWBRY FRESH FRUIT JUICE Milk variety 1%	Jan - 16 FRENCH TOAST STICKS SAUSAGE LINKS FRESH FRUIT JUICE Milk variety 1%	Jan - 17 EGG OMELET BAGEL FRESH FRUIT JUICE Milk variety 1%
Jan - 20 NO SCHOOL TODAY	Jan - 21 CINNAMON ROLLS BACON FRESH FRUIT JUICE Milk variety 1%	Jan - 22 BREAKFAST SANDWICH FRESH FRUIT JUICE Milk variety 1%	Jan - 23 PANCAKES & SYRUP SAUSAGE LINKS FRESH FRUIT JUICE Milk variety 1%	Jan - 24 BREAKFAST PIZZA FRESH FRUIT JUICE Milk variety 1%
Jan - 27 DONUT, POWDERED MINI FRESH FRUIT JUICE Milk variety 1%	Jan - 28 BISCUITS AND GRAVY BACON FRESH FRUIT JUICE Milk variety 1%	Jan - 29 DUTCH WAFFLE YOGURT, STWBRY FRESH FRUIT JUICE Milk variety 1%	Jan - 30 FRENCH TOAST STICKS SAUSAGE LINKS FRESH FRUIT JUICE Milk variety 1%	Jan - 31 EGG OMELET BAGEL FRESH FRUIT JUICE Milk variety 1%

ALL MENUS SUBJECT TO CHANGE WITHOUT NOTICE!!!!

	Average	Weekly Target	% of Target		Average	% of Calories	Weekly Target
Calories	554	450-600	100% 640	Protein	13.90 g	10.04%	
Sodium	532 mg			Carbohyd	91.99 g	66.45%	
Fiber	6.96 g			Tot. Fat	15.02 g	24.41%	
Calcium	216.97 mg			Sat. Fat	5.45 g	8.86%	<=30.0% <10.00%

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient. * - denotes combined nutrient totals with either missing or incomplete nutrient data.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

Northview High School

CLAY COUNTY SECONDARY LUNCH

JAN LUNCH 2025

Monday	Tuesday	Wednesday	Thursday	Friday
		Jan - 1 CHRISTMAS BREAK!!	Jan - 2 CHRISTMAS BREAK!!	Jan - 3 TEACHER IN-SERVICE DAY
Jan - 6 PORK FRITTER/BUN PIZZA LETTUCE & TOMATO SEASONED FRIES GRAHAM CRACKERS PINEAPPLE JUICE Milk variety 1%	Jan - 7 Chicken Nuggets PIZZA CELERY W/ PB BROCCOLI & CHEESE Bread Whole Grain MANDARIN ORANGES FRESH FRUIT Milk variety 1%	Jan - 8 PHILLY CHEESE STEAK SANDWICH PIZZA SALAD W/ DRESSING PEPPERS & ONIONS TROPICAL FRUIT SALAD JUICE Milk variety 1%	Jan - 9 GENERA I TSO CHICKEN & RICE PIZZA CALIFORNIA BLEND VEGGIES RED PEPPER STRIPS FORTUNE COOKIE APPLESAUCE FRESH FRUIT Milk variety 1%	Jan - 10 CHICKEN TENDER W/ GARLIC TO PIZZA BAKED BEANS CARROTS / DIP PEARS JUICE Milk variety 1%
Jan - 13 TACO SALAD PIZZA LETTUCE & TOMATO REFRIED BEANS PEACHES JUICE Milk variety 1%	Jan - 14 COUNTRY CHICKEN PIZZA PEPPERONI MASHED POTATOES CARROTS / DIP GRAHAM CRACKERS FRUIT COCKTAIL FRESH FRUIT Milk variety 1%	Jan - 15 CHICKEN RANCH WRAP PIZZA CORN LETTUCE & TOMATO PINEAPPLE JUICE Milk variety 1%	Jan - 16 CHICKEN QUESADILLA WG PIZZA PEPPERONI FRENCH FRIES RED PEPPER STRIPS MANDARIN ORANGES FRESH FRUIT Milk variety 1%	Jan - 17 CHICKEN/BUN PIZZA PEPPERONI GREEN BEANS LETTUCE & TOMATO Sun Chip TROPICAL FRUIT SALAD JUICE Milk variety 1%
Jan - 20 NO SCHOOL TODAY	Jan - 21 HOT DOG / BUN PIZZA PEPPERONI LETTUCE & TOMATO BAKED BEANS APPLESAUCE FRESH FRUIT Milk variety 1%	Jan - 22 ROTINI W/MEAT SAUCE PIZZA CORN SALAD W/ DRESSING bosco stick PEARS JUICE Milk variety 1%	Jan - 23 STEAK BITES PIZZA PEPPERONI GREEN BEANS CARROTS / DIP CORNBREAD WG GRAHAM CRACKERS PEACHES FRESH FRUIT Milk variety 1%	Jan - 24 chicken &veggie dumpling PIZZA PEPPERONI BROC/CAULIFR & DIP PEAS GRAHAM CRACKERS FRUIT COCKTAIL JUICE Milk variety 1%
Jan - 27 CHICKEN PATTY/BUN PIZZA CUCUMBER COINS BAKED BEANS RICE KRISPY TREAT PINEAPPLE JUICE Milk variety 1%	Jan - 28 CHICKEN ALFREDO PIZZA GREEN BEANS CARROTS&CELERY / DIP bosco stick Goldfish whole grain MANDARIN ORANGES FRESH FRUIT Milk variety 1%	Jan - 29 CHEESEBURGER / BUN PIZZA FRENCH FRIES SLAW RICE KRISPY TREAT TROPICAL FRUIT SALAD JUICE Milk variety 1%	Jan - 30 SUB SANDWICH PIZZA LETTUCE & TOMATO BROCCOLI & CHEESE Goldfish whole grain APPLESAUCE FRESH FRUIT Milk variety 1%	Jan - 31 COOKS CHOICE; ENTREE PIZZA COOKS CHOICE FRESH VEGGIES COOK'S CHOICE VEGETABLE FRESH FRUIT JUICE Milk variety 1%

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Average	Weekly % of Target Target	Average	% of Calories	Weekly Target
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Calories	691*	750-850 92% 1420	Protein	29.78* g	89.91*	17.23%	
Sodium	1463* mg	7.67*	Carbohyd	g		52.02%	
Fiber	g		Tot. Fat	24.14* g		31.43%	
Calcium	469.23* mg		Sat. Fat	8.22* g		10.71%	<=30.0%
							<10.00%

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